There is always a place, a song, a smell reminds you of someone SPECIAL that invades your thoughts even if you try hardly to convince yourself to not think about them, to avoid thinking about those memories that you have spent together and that are still the most special ones ever. When you have this feeling of being lonely even if you are surrounded by others. When you wake up in the morning and you feel happy for no reason or just for seeing this person in your dreams, and it seems like a spell has been replaced upon you .When you feel that something around you has changed, and you don't know if you are happy or not, then you realize that a part of your life has lost its flavor but you still believe that this person keep being special for you just as before. When things don't turn as you have expected and when you want to give up but you remember that you have promised to go on then, you should act like if everything is well even if it's NOT ...:)